

MAY 2024

Larc School

LUNCH



Menu subject to change. If your child is allergic or does not like a certain food or foods, please feel free to send in a lunch with your child.



Nutrition Tip: ½ pint low fat milk, ½ pint fat free chocolate milk and a ½ cup of juice comes with all lunches. Sun butter and jelly on whole grain bread or whole grain chicken nuggets with a vegetable and fruit cup will be available daily as an alternate lunch.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1
Ham & Cheese on Whole Grain Bread
Green Beans
Apricots

2
Whole Grain Waffles
Sausage
Spinach
Strawberry Applesauce

3
Turkey & Cheese on Whole Grain Bread
Vegetarian Beans
Peach Applesauce

6
Chicken Nuggets
Whole Grain Noodles with Cheese Sauce
Broccoli
Applesauce

7
SCHOOL AND ADULT PROGRAM CLOSED FOR STAFF IN-SERVICE

8
Whole Grain Spaghetti with Meat & Tomato Sauce
Sweet Potatoes
Peaches

9
Beef Tacos on Whole Grain Tortilla
White Cannelloni Beans
Mandarin Oranges

10
Cheeseburger on a Whole Grain Bun
French Fries
Strawberry Cups

13
Sun Butter & Jelly Sandwich on Whole Grain Bread
Green Beans
Applesauce

14
Sal & Pat's Pizza
Whole Grain Garlic Bread
Broccoli
Peaches

15
Whole Grain Cheese Ravioli
Tomato Sauce
Carrots
Crushed Pineapple

16
Whole Grain Pancakes
Hash Brown
Sausage
Mandarin Oranges

17
Hot Ham & Cheese on Whole Grain Bun
Vegetarian Beans
Mixed Berry Applesauce

20
Diced Chicken with Gravy
Whole Grain Noodles
Peas
Applesauce

21
Sal & Pat's Pizza
Whole Grain Garlic Bread
Tomato Sauce
Spinach
Peaches

22
Pulled Pork on Whole Grain Bun
Vegetarian Beans
Strawberry Applesauce

23
Whole Grain French Toast Sticks
Sausage
Green Beans
Crushed Pineapple

24
Beef Stroganoff
Whole Grain Noodles
Sweet Potatoes
Mandarin Oranges

27
HAPPY MEMORIAL DAY SCHOOL AND ADULT PROGRAM CLOSED

28
Sal & Pat's Pizza
Whole Grain Garlic Bread
Tomato Sauce
Green Beans
Applesauce

29
Sloppy Joe on a Whole Grain Bun
Carrots
Peaches

30
Whole Grain Pancakes
Sausage
Vegetarian Beans
Mandarin Oranges

31
Chicken Patty with Gravy
Whole Grain Bun
Mashed Potatoes
Crushed Pineapples