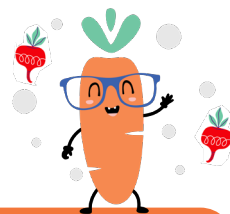


September 2026

EAT SMART
BE SMART

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Chicken Fajitas

FEATURED VEGGIES
Black Beans
ADULT PROGRAM ONLY

2

French Toast with
Sausage Patties

FEATURED VEGGIES
Hash Browns
ADULT PROGRAM ONLY

3

Cheeseburger on a Bun

FEATURED VEGGIES
Broccoli
ADULT PROGRAM ONLY

4

Sal & Pat's Pizza

FEATURED VEGGIES
Green Beans
ADULT PROGRAM ONLY

7

Happy Labor Day!

SCHOOL & ADULT
PROGRAMS CLOSED

8

Hot Ham & Cheese
Sandwich

FEATURED VEGGIES
Carrots
SCHOOL PROGRAM ONLY

9

Egg & Cheese on an
English Muffin

FEATURED VEGGIES
Hash Browns

10

Cheeseburger on a Bun

FEATURED VEGGIES
Baked Beans

11

Sal & Pat's Pizza

FEATURED VEGGIES
Green Beans

14

Breaded Chicken Tenders
with Mini Waffles

FEATURED VEGGIES
Green Beans

15

Chicken & Cheese
Quesadilla

FEATURED VEGGIES
Latin Inspired Beans

16

Chicken Alfredo over
Penne with Garlic Bread

FEATURED VEGGIES
Steamed Broccoli

17

Toasted Cheese Sandwich
(V)

FEATURED VEGGIES
Tater Tots & Tomato Soup

18

Sal & Pat's Pizza

FEATURED VEGGIES
Sweet Peas

21

Popcorn Chicken over
Mashed Potatoes

FEATURED VEGGIES
Spinach

22

Chicken Soft Shell Taco

FEATURED VEGGIES
Refried Beans

23

French Toast Sticks
with Sausage Links

FEATURED VEGGIES
Tri-Taters

24

Mac & Cheese (V)

FEATURED VEGGIES
Stewed Tomatoes

25

Sal & Pat's Pizza

FEATURED VEGGIES
Green Beans

28

Chicken Patty on a Bun

FEATURED VEGGIES
Carrots

29

Breakfast Burrito with
Egg, Turkey Sausage &
Cheese

FEATURED VEGGIES
Latin-Inspired Beans & Tomato Salad

30

Mini Pancakes with
Sausage Patties

FEATURED VEGGIES
Hash Brown Potato

Daily Alternates

Chicken Nuggets with Goldfish Crackers
Sunbutter & Jelly Sandwich on Bread

All lunches include:

Hot vegetable
Canned fruit in light syrup
Choice of milk (1% white or fat-free
chocolate)

